Suncoast	Martial	Arts
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Summer Camp 2023

MON: 5/29	TUES: 5/30	WED: 5/31	THUR: 6/1	FRI: 6/2
WEEK 1				
Closed	Park Outing**	Park Outing**	Pool Outing**	Bowling Outing
Closed	Science- Human Body	Natural Studies – Birds	Team building games	Geography – Famous Places
Closed	Games	Sports – Football	History – Art	Games
Closed	Reading	Reading	Reading	Reading
Closed	First Aid	Crafts	Meditation	Yoga
Closed	MA Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson
MON: 6/5	TUES: 6/6	WED: 6/7	THUR: 6/8	FRI: 6/9
WEEK 2				
Guest Speaker	Clam Bayou**	Park Outing**	Pool Outing**	Mini Golf
Sports – Soccer	History – Ancient Martial Arts	Natural Studies – Fish	Arts and Crafts	Natural Studies – Plants of Florida
Gardening	Games	Team Games Obstacle Course	Meditation	Team Building Games
St. Pete Rocks	Reading	Reading	Geography – MA origins	Yoga
Reading	First Aid	Crafts	Reading	Reading
Martial Arts Lesson	MA Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson
MON: 6/12	TUES: 6/13	WED: 6/14	THUR: 6/15	FRI: 6/16
WEEK 3				
Guest Speaker	Fire Station**	Park Outing**	Pool Outing**	Skating
Sports – Frisbee	Games	Board Games	History – famous people	Science – Gravity
Park Outing	Natural Studies – Insects	Geography – The US	Crafts	Team building games
Team building games	Reading	Reading	Origami	Reading
Reading	First Aid	Meditation	Reading	Yoga
Martial Arts	MA Drills/ Sparring Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson

MON: 6/19	TUES: 6/20	WED: 6/21	THUR: 6/22	FRI: 6/23
WEEK 4				
Guest Speaker	Batanical Gardens**	Park Outing**	Pool Outing**	Bowling
Geography - Florida	Sports - Kickball	Team Building Games	History – Famous Martial Artists	Natural Studies – Reptiles
Obstacle Course	Science	Crafts	Balloon Animals	Board Games
First Aid	Reading	Science - Weather	Reading	Reading
Reading	Origami	Reading	Meditation	Yoga
MA Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson
MON: 6/26	TUES: 6/27	WED: 6/28	THUR: 6/29	FRI: 6/30
WEEK 5				
Guest Speaker	Palm Arboretum**	Park Outing**	Pool Outing**	Treas. Is Fun Cent.
Sports – Football	Park Outing	History – Places of Significance	Arts and Crafts	Geography – Countries of Asia
Park Outing	Science – Rocks and Minerals	Team Building Games	Origami	Charades
Team Building Games	First Aid	Meditation	Natural Studies – Stars	Reading
Reading	Reading	Reading	Reading	Yoga
Martial Arts Lesson	MA Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson
MON: 7/3	TUES: 7/4	WED: 7/5	THUR: 7/6	FRI: 7/7
WEEK 6				
Guest Speaker	NO	Park Outing**	Pool Outing**	Mini Golf
Games	САМР	St. Pete Rocks	Nerf Games	Science - Conservation
Geography – South America	INDEPENDENCE	Natural Science – Mammals of FL	Crafts	Team building games
Meditation	DAY	Team Building Games	Natural Studies – Nutrition	Reading
Reading	CLOSED	Reading	Reading	Yoga
MA Drills/Practice		Martial Arts	Martial Arts	Martial Arts

MON: 7/10	TUES: 7/11	WED: 7/12	THUR: 7/13	FRI: 7/14
WEEK 7				
Guest Speaker	Booker Creek**	Park Outing**	Pool Outing**	Skating
Sports – Frisbee	Games	Geography – Europe	Arts and Crafts	History – Language
Gardening	Science – Intro to Chemistry	Team Building Games	Natural Studies - Flowers	Team Building Games
Reading	First-Aid – Cuts	Meditation/Reading	Reading	Reading/Yoga
Martial Arts Lesson	MA Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson
MON: 7/17	TUES: 7/18	WED: 7/19	THUR: 7/20	FRI: 7/21
WEEK 8				
Guest Speaker	Sawgrass**	Park Outing**	Pool Outing**	Treas. Is Fun Cent.
Sports – Soccer	Games	Team building games	History – Ancient Civilizations	Nature Studies – Trees of Florida
Park Outing	Reading	Natural Studies- Animal Products	Arts and Crafts	Reading
St. Pete Rocks	First Aid- Bee Stings	Meditation	Reading	Yoga
Martial Arts Lesson	Ma Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson
MON: 7/24	TUES: 7/25	WED: 7/26	THUR: 7/27	FRI: 7/28

WEEK 9				
Guest Speaker	Weadon Island**	Park Outing**	Pool Outing**	Bowling
Sports –Baseball	Games	Team building games	History – Greeks	Nature Studies – Beaches of Florida
Park Outing	Reading	Natural Studies- Snakes	Arts and Crafts	Reading
Origami	First Aid- Animal Bites	Meditation	Reading	Yoga
Martial Arts Lesson	Ma Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson

MON: 7/31	TUES: 8/1	WED: 8/2	THUR: 8/3	FRI: 8/4
WEEK 10				
Guest Speaker	Walsingham Park**	Park Outing**	Pool Outing**	Water Play/ pizza party
Sports – Soccer	Games	Team building games	History – Rome	Nature Studies – Plants of Florida
Park Outing	Reading	Natural Studies- Stars	Arts and Crafts	Reading
Origami	First Aid- Bee Stings	Meditation	Reading	Yoga
Martial Arts Lesson	Ma Drills/Practice	Martial Arts Lesson	Martial Arts Lesson	Martial Arts Lesson

All Scheduled events are subject to change based on weather and attendance.

\*\*On days that we are out in the sun for extended times, please pack sunscreen and for every pool outing, pack a bathing suit, towel, and sunscreen or spf of 45 or more.